



START A FOOD DRIVE

A COLLECTIVE IMPACT

Every holiday season, groups such as companies, schools, clubs, faith groups, and organizations of all backgrounds volunteer and bring food, winter coats, and household items to Sister Carmen. We couldn't serve our community without them—and you! To make an even bigger collective impact this holiday season, we're hosting a month-long donation drive specifically tailored for groups like yours.

With the help of your group, we hope to have our shelves stocked in time for our busiest months—November and December. It's easy:



1. REGISTER

Visit www.sistercarmen.org/community-food-drive to register your team! Only one person from your team needs to register.

2. START COLLECTING!

SET A GOAL

Setting a realistic goal helps keep your team motivated! Every group varies, but a group of 5 people can usually collect about 10 items per person.

USE OUR TOOLKIT TO SPREAD THE WORD

Spread the word about your food drive by downloading our toolkit at www.sistercarmen.org/community-food-drive, which includes social media posts, photos, logos, messaging, and more to get started.

MAKE IT FUN!

See *Ways to Make your Food Drive a Success* for some fun ideas to get team members involved.

COLLECT THESE MOST-NEEDED ITEMS:

- Fruit:** canned & fruit juices (low or no sugar)
- Protein:** canned chicken, tuna, salmon, & canned beans
- Canned foods:** soups & stews
- Chicken Bouillon:** cubes, paste, & liquid
- Nut Butters:** peanut, almond, cashew, etc.
- Grains:** rice, cereal, oatmeal, pasta, & flour
- Canned Tomatoes:** sauce, diced, whole, stewed
- Specialty Foods:** Maseca (corn meal mix), dried pinto beans, ristra (dried red chile), hojas (corn husks)
- Cooking oils:** canola & olive
- Diapers & Pull Ups:** all sizes
- Toiletries:** Shampoo, conditioner, toilet paper, toothpaste, deodorant, feminine hygiene products, etc.
- Household Items:** dish & laundry soap

3. DROP OFF YOUR DONATIONS

Bring your donations to our food bank loading dock at 655 Aspen Ridge Dr., Lafayette, CO 80026 Monday—Friday from 9:00 AM—5:00 PM. Visit www.sistercarmen.org for our holiday hours.

