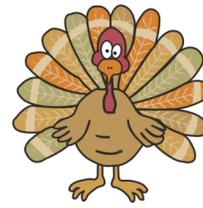


Avista Adventist Hospital
+ Centura Health. PRESENTS THE
**LOUISVILLE
TURKEY TROT 5K**



The race is free. Do I still have to register?

Yes. Although the event is free, runners and volunteers are required to fill out the registration form and waiver. In lieu of a registration fee, please make a donation of nonperishable food, winter clothing, or financial assistance to support Sister Carmen Community Center.

How do I make a donation?

After registering, bring nonperishable food and/or winter clothing with you to the event or make a financial donation online before the race at www.coloradogives.org/sistercarmen. If making an online gift, please write “turkey trot” in the special instructions section. Blue donation bins will be located near the start and finish lines on race day, and cash donations will also be accepted at these stations.

What will my donation do for the community?

All donations will go towards Sister Carmen Community Center, a non-religious 501(c3 nonprofit providing critical assistance to residents of East Boulder County who are in need, without discrimination. As a Family Resource Center, SCCC utilizes a strength-based approach designed to empower and support participants. Resources include a food bank with walk-in food assistance, direct financial assistance, vouchers to SCCC’s Thrift Store, and family education classes. SCCC also provides referrals for additional services such as mental health counseling, housing programs, health screenings and more to help everyone in our community thrive. Visit www.sistercarmen.org to learn more.

Are pets allowed?

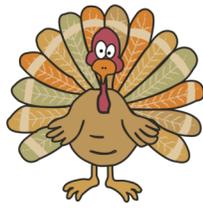
No pets are allowed on the Turkey Trot course, so please leave your furry friends at home.

Can I bring a stroller?

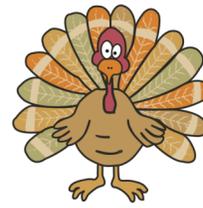
Yes, you can run the course with a stroller or baby jogger.

Where can I park?

Parking is free in downtown Louisville. With nearly 15,000 people expected to attend, please be respectful of local residents and businesses.



Avista Adventist Hospital
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LOUISVILLE
TURKEY TROT 5K



Where can I pick up my packet?

There are no packets or bibs to pick up for this event.

Is the race timed?

Since this is a free fun run, there is a running clock; however, the race will not be timed and runners will not receive race bibs or timing chips.

How many aid stations will you have along the course?

Water will be provided at the start and finish lines as well as mid-way through the course.

Will refreshments be provided after the race?

Yes! After the race, head to our free beer garden (21+ only, ID required) or visit our free hot cocoa station.

For additional questions about the race, contact Todd at

todd@projectlouisville.org or 720.366.1544

For questions about Sister Carmen Community Center, contact Kristen at

kristen@sistercarmen.org or 303.665.4342 x103